

1. What is Serotonin?

Serotonin is a type of chemical messenger that works in the brain called a neurotransmitter. Serotonin acts on blood vessels and pain control pathways in the brain. It is responsible for controlling mood, attention, sleep, pain, and much more.

2. What are Adaptenols?

Adaptenols are the magical compounds inside Adapt X.1 that modulate serotonin.

3. How were Adaptenols discovered?

They were discovered by Dr. Negus when he and his wife were doing research on field mice.

4. Could Adapt X.1 become a pharmaceutical drug?

Absolutely, the option is always there. Adaptenol has not yet been offered to a pharmaceutical company. Several pharmaceutical companies have requested information regarding Adaptenols, but we do not currently have any interest in pursuing that avenue. If it became a pharmaceutical it would greatly increase the price.

5. What is the technology behind Adapt that makes it so powerful?

The technology we use to create Adapt micronizes the Adaptenols it contains and is combines them with water. The water molecules inside Adapt are very uniform, which enables us to capture the Adaptenols within the water molecules.

6. What are the key ingredients inside Adapt?

The key compound is derived from monocots – “monocot” is a descriptor used for certain plants based on the way they breed. The monocot family is comprised of cereal grains, onion, leek, garlic family, 20,000 orchids, bananas, bamboos etc. Currently, the compounds used are extracted from Zea mays, which is a variety of corn. There are no allergens transferred. There is no mold, virus, spores, or anything that carries over. All monocots are harvested in their infancy, where specific polyphenols we refer to as “adaptenols” exist. These Adaptenols protect the young plant against insects, mold, viruses, and bacteria.

7. Is Adapt organic? Is the water purified?

Adapt is grown organically. It is certified non-GMO, but not certified organic. The water is purified. It goes through a process where in which every impurity is taken out. In Adapt, the purified water clusters form around the Adaptenols.

8. Where is Adapt produced?

Adapt is produced locally here in the USA. It can be grown anywhere, at any time in the world and is controlled from seed to shelf.

9. Does Adapt have an expiration date?

No, it does not have an expiration date. Adapt's formula is similar to a colloidal suspension. The Adaptinol molecules are bonded to the water indefinitely.

10. How do I use Adapt?

The most effective way to use Adapt is to spray it each day, as needed, under your tongue.

11. Can you take Adapt with prescription drugs?

Yes, through the extensive research done on Adapt, there have been no contraindications found. However, please always check with your physician before quitting any prescription drugs.

12. How do I store Adapt?

There is no restriction on how to store Adapt. Storage methods for Adapt are easy – simply place it on a shelf. It's in a light shielded bottle, so it won't be affected by UV light. There is no need to refrigerate or keep it warm. If it freezes, it might affect the bottle's spraying mechanism.

13. Is Adapt a supplement?

Technically, yes, Adapt is classified as a supplement. However, it's not a supplement in the sense that it doesn't supplement serotonin. Rather, the body responds to Adapt by either producing more or less serotonin. It's an adaptogen – the body takes the compound and uses it where it's needed.

14. Why is Adapt delivered as a spray?

This method is most effective and efficient. It's not about high volumes, it's about great absorption. This method allows for a wide dispersion over the mucous membrane in the mouth.

15. What does Adapt taste like?

Adapt has a faint, minty taste. The flavor doesn't last long. If a flavor wasn't added, it would simply taste like water.

16. How often should I use Adapt?

ADAPT should be taken every day. It is advised to take 7 sprays; however, you may choose to take more.

17. Will I feel the effects of Adapt immediately?

Adapt affects people differently. Some may feel the effects immediately, where others may take up to 90 days. The best method is to use the product for 30-90 days. We offer a 60-day money back guarantee on Adapt. We recommend you try it for 60 days. If you don't see any results in after 60 days, we will refund you.

18. Can I spray Adapt on my food or in my water?

Yes! You can spray Adapt on anything. Although, the best method is to spray it directly into the mouth.

19. Is Adapt safe for children? If yes, what ages?

The short answer is, yes. Adapt is safe for any age. There is nothing in the compound that will cause problems. It's basically food – the extracted compounds are found in food.

20. Is Adapt safe for animals?

Yes! The testing and research on Adapt was originally done on animals. There are extensive studies on rabbits, dogs, cats, cattle, and horses. There's over 20,000 pages of research and most of it is on animals.

21. Are there any known side effects of Adapt?

There are no known side effects that have been reported.

22. Are there any products on the market that do the same thing as Adapt?

No. There are other things people take to achieve what Adapt does, such as Melatonin or 5-HTP. These types of products are often unsafe if taken over an extended period of time.

23. What quality control guidelines are followed throughout the manufacturing process?

Everything is controlled from seed to shelf. A standard manufacturing process was used throughout the making of Adapt.

25. Where can I find information on the research and patents?

The U.S. Patent and Trademark Office lists all the patents and can be viewed on resources.aregolife.com under the "Patents and Research" section. Each patent has supportive documentation in the extract, which is available as public information.

26. Are there any known peer reviewed medical studies published?

There is a peer reviewed Yale Protocol Sleep Study. Supporting documents can be found on the US Patent and Trademark Office website in the extracts section. All other research has been done outside by Independent Third Parties.

27. What is the return policy?

Adapt has a 60-day money back guarantee. We recommend that you try Adapt for 60 days. If you don't receive any results within 60 days, we will issue you a refund.